

Year 1

Term	Autumn			Spring				Summer		
Core Theme	Health and Wellbeing			Relationships				Living in the Wider World		
Topic	Childhood Then and Now		Fire	Circle of Life				What makes this place special?		
	<u>Keeping Safe</u>	<u>Growing and Changing</u>	<u>Heathy Lifestyles</u>	<u>Feelings and Emotions</u>	<u>Healthy Relationships</u>	<u>Valuing Difference</u>	<u>Online Relationships</u>	<u>Rights and Responsibilities</u>	<u>Environment</u>	<u>Money</u>
Objectives	<p>To know how to ask for help if you are worried about something. To know who can help to keep you safe in our school community.</p> <p>To know how to keep safe around household products.</p> <p>To be aware of road safety.</p> <p>To recognise that you share a responsibility for keeping yourself and others safe, when to say, 'yes', 'no', 'I'll ask' and 'I'll tell'.</p>	<p>To recognising what you are good at. To explore feelings of success and set new goals.</p> <p>To understand some of the changes that have happened to you since you were a baby.</p> <p>To understand how it feels when there is change or loss.</p>	<p>To understand what helps to keep our bodies healthy.</p> <p>To know how to keep yourself clean and healthy and to understand that germs and disease can cause illness.</p>	<p>To communicate your feelings to others, to recognise how others show feeling and how to respond.</p> <p>To tell me why you appreciate someone who is special to you.</p>	<p>To recognise what being a good friend means to you.</p> <p>To know appropriate ways of physical contact to greet your friends and to know which ways you prefer.</p> <p>To know how to ask permission.</p>	<p>To share your opinion with others.</p> <p>To identify people who are special to you and to understand that there are lots of different families.</p> <p>To understand that everybody is unique in some ways and the same in others.</p>	<p>To understand how and why we use the Internet</p> <p>To know how people find things out and communicate safely with others.</p>	<p>To understand your rights and responsibilities as a member of our class.</p>	<p>To learn about what improves and harms our local, natural and built environments.</p>	<p>To learn that money comes from different sources and can be used for different purposes, including the concepts of spending and saving.</p>

Year 2

Term	Autumn			Spring				Summer		
Core Theme	Health and Wellbeing			Relationships				Living in the Wider World		
Topics	Childhood Then and Now		Fire	Circle of Life				What makes this place special?		
	Keeping Safe	Growing and Changing	Healthy Lifestyles	Feelings and Emotions	Healthy Relationships	Valuing Differences	Online Relationships	Rights and Responsibilities	Environment	Money
Objectives	<p>To know how to ask for help if you are worried about something. To know who can help to keep you safe in our school community.</p> <p>To understand how medicines work in your body and how to use them safely.</p> <p>To learn rules for and ways of keeping physically and emotionally safe including responsible ICT use and online safety, road safety, cycle safety and safety in the environment.</p>	<p>To think of a realistic goal and think about how to achieve it.</p> <p>To identify some of the body parts that make boys different to girls and use the correct names for these.</p> <p>To learn about the process of growing from young to old and how people's needs change.</p> <p>To learn about the new opportunities and responsibilities that increasing independence may bring.</p>	<p>To understand how to make real, informed choices that will improve your physical and emotional health, and to recognise that choices can have good and not so good consequences.</p> <p>To understand which food choices are healthy for us.</p>	<p>To understand that your behaviour can affect other people and to identify some of the things that can cause conflict with your friends.</p> <p>To understand how to look after somebody who has been bullied.</p> <p>To understand the different emotions that you feel and develop strategies to manage them.</p>	<p>To understand that there are lots of forms of physical contact within a family; some that we like and some that we don't like.</p> <p>To learn the difference between secrets and nice surprises (that everyone will find out about eventually) and that it is ok to tell a secret if we feel anxious or afraid.</p> <p>To recognise who it is easy for you to work with and who it is more difficult for you to work with.</p> <p>To learn that there are different types of teasing and bullying.</p>	<p>To understand that sometimes people make assumptions about boys and girls. (stereotypes)</p> <p>To understand that bullying is sometimes about difference.</p> <p>To tell you some ways that I am different from my friends.</p> <p>To understand that it is ok to be different from other people and to be friends with them.</p>	<p>To recognise that some of the Internet content is factual and some for entertainment purposes.</p> <p>To recognise that the information that you read may not be true.</p>	<p>To understand that people and other living things have rights and that everyone has responsibilities to protect those rights.</p> <p>To recognise the choices that you make and understand the consequences.</p> <p>To learn that you belong to various groups and communities.</p> <p>To know about the 'special people' who work in our community and who are responsible for looking after and protecting us.</p> <p>To know how to get help in an emergency from these special people, including dialling 999</p>	<p>To develop the strategies and skills needed to care for our local environment.</p>	<p>To learn about the role money plays in your lives including how to keep it safe, choices about spending or saving money and what influences those choices.</p>

Year 3

Term	Autumn			Spring				Summer		
Core Themes	Health and Wellbeing			Relationships				Living in the Wider World		
Topics	Stone Age to Celts		Our Brilliant Bodies	The Romans			Lights, Camera, Action	The British Empire		The Rainforest
	<u>Keeping Safe</u>	<u>Growing and Changing</u>	<u>Healthy Lifestyles</u>	<u>Feelings and Emotions</u>	<u>Healthy Relationships</u>	<u>Valuing Difference</u>	<u>Online Relationships</u>	<u>Rights and Responsibilities</u>	<u>Environment</u>	<u>Money</u>
Year 3	<p>To know how to ask for help if you are worried about something. To know who can help to keep you safe in our school community.</p> <p>To understand school rules about health and safety, basic emergency aid procedures, where and how to get help</p> <p>To recognise people who help you to stay healthy and safe</p> <p>To be able to identify things, people and places that you need to stay safe from.</p> <p>To know how to get help in an emergency.</p>	<p>To recognise your self-worth and identify positive things about yourself and your achievements.</p> <p>To set yourself targets for the future.</p> <p>To describe your feelings; understand conflicting feelings (those that are good and those that are not so good) and know how to manage feelings</p>	<p>To explain what makes a balanced diet and have the knowledge to make your own choices about food</p> <p>To understand what might influence your choices and the benefits of eating a balanced diet</p> <p>To understand how exercise affects your body and to know why your heart and lungs are such important organs.</p> <p>To learn what is meant by the term 'habit' and why habits can be hard to change</p>	<p>To recognise that your actions affect others and to try and see things from other people's points of view. To respond to how others are feeling.</p> <p>To be able to identify when something feels safe and unsafe.</p>	<p>To recognise what constitutes a positive, healthy relationship and develop the skills to form and maintain positive and healthy relationships.</p> <p>To recognise different types of relationship, including those between acquaintances, friends, relatives and families. To be able to express appreciation for our friends and family.</p> <p>To know what it means to be a witness to bullying.</p> <p>To be able to problem solve a bullying situation, knowing that a situation can be made better or worse depending on what you do.</p>	<p>To understand that everybody's family is different and important to them.</p> <p>To understand that differences and conflicts sometimes happen between family members.</p>	<p>To evaluate whether a game or a website is suitable to play or appropriate for your age-group</p> <p>To make safe, reliable choices from search results.</p> <p>To know how to report something you have seen or experienced online that concerns you</p>	<p>To tell me about a dream or ambition that is important to you. To recognise obstacles that might hinder your achievements and take steps to overcome them.</p> <p>To know about a person who has faced a difficult challenge and achieved success.</p> <p>To understand how your needs and rights are shared by children around the world and to explain how our lives are different.</p> <p>To recognise the role of voluntary, community and pressure groups, especially in relation to health and wellbeing.</p>	<p>To learn that you have different kinds of responsibilities, rights and duties at home, at school, in the community and towards the environment.</p> <p>To explain how some of the actions and work of people around the world help and influence your life.</p>	<p>To understand where money comes from and what it is used for</p> <p>To learn what is meant by enterprise</p>

Year 4

Term	Autumn			Spring				Summer		
Core Themes	Health and Wellbeing			Relationships				Living in the Wider World		
Topics	Stone Age to Celts		Our Brilliant Bodies	The Romans			Lights, Camera, Action	The British Empire		The Rainforest
	Keeping Safe	Growing and Changing	Healthy Lifestyles	Feelings and Emotions	Healthy Relationships	Valuing Difference	Online Relationships	Rights and Responsibilities	Environment	Money
Year 4	<p>To know how to ask for help if you are worried about something. To know who can help to keep you safe in our school community or locally, and how to seek help if you are concerned about a request to share information online.</p> <p>To develop strategies for keeping physically and emotionally safe in the local environment.</p> <p>To understand who is in your community, the roles they play and how you fit in.</p>	<p>To recognise what you are good at. To understand that sometimes hopes and dreams do not come true and that this can hurt.</p> <p>To know that reflecting on happy and positive experiences can help you to counteract disappointment.</p> <p>To know how to make a new plan and set new goals, even if you have been disappointed.</p> <p>To understand how your body will change as you approach and move through puberty.</p> <p>To understand how to deal with changes in life and to manage the feelings that are associated with change.</p> <p>To identify changes that have been, and may be, out of your control and learn to accept this.</p>	<p>To identify the drugs that are common in everyday life.</p> <p>To understand the facts about smoking and drinking alcohol and the effects they have on our health.</p> <p>To understand that bacteria and viruses can affect health and that following simple routines can reduce their spread.</p>	<p>To learn to recognise and manage dares.</p> <p>To be able to recognise situations which may cause jealousy in relationships.</p> <p>To understand when somebody is putting you under pressure and know how to resist when you want to.</p>	<p>To understand the concept of 'keeping something confidential or secret', when we should or should not agree to this and when it is right to 'break a confidence' or 'share a secret'</p> <p>To know which type of physical contact is acceptable and which is not and learn how to respond.</p> <p>To recognise that friendships change, know how to make new friends and how to manage when you fall out with your friends.</p> <p>To tell me some of the people who you love and are special to you</p> <p>To tell me about somebody that you know that you no longer see.</p>	<p>To understand that sometimes we make assumptions based on what people look like and to understand what influences these assumptions.</p> <p>To be able to discuss a time when your view of somebody changed when you got to know them.</p> <p>To know how to listen and respond respectfully to a wide range of people and to share your points of view</p>	<p>To know that everything shared online has a digital footprint.</p> <p>To know how data is shared and used online.</p> <p>To understand that data can be shared for advertising purposes.</p>	<p>To understand how groups come together to make decisions.</p> <p>To appreciate the range of national, regional, religious and ethnic identities in the United Kingdom</p> <p>To consider the lives of people living in other places, and people with different values and customs</p>	<p>To learn that resources can be allocated in different ways and that these economic choices affect individuals, communities and the sustainability of the environment across the world</p> <p>To research, discuss and debate topical issues, problems and events that are of concern to you</p>	<p>To learn about the role money plays in your own and others' lives, including how to manage your money and about being a critical consumer</p>

Year 5

Term	Autumn			Spring				Summer		
Core Theme	Health and Wellbeing			Relationships				Living in the Wider World		
Topics	Ancient Greeks			Raging Rivers and Monstrous Mountains				The Ancient Egyptians		How do we See?
	<u>Keeping Safe</u>	<u>Growing and Changing</u>	<u>Healthy Lifestyle</u>	<u>Feelings and Emotions</u>	<u>Healthy Relationships</u>	Valuing Difference	<u>Online relationships</u>	<u>Rights and Responsibilities</u>	<u>Environment</u>	<u>Money</u>
Year 5	<p>To develop strategies for getting support for yourself or for others at risk</p> <p>To know how to use a range of basic first aid procedures and how to get help in a range of emergency situations.</p> <p>To develop strategies for keeping safe online and to know how to spot and deal with</p>	<p>To learn the different ways of achieving and celebrating personal goals</p> <p>To understand that having high aspirations can support personal achievements</p> <p>To learn how to manage conflicting or complex emotions.</p> <p>To be aware of your own self-image and how your body fits into that.</p> <p>To identify what you are looking forward to with becoming a teenager and understand that this brings growing responsibilities (age of consent)</p> <p>To learn about change, including transitions (between key stages and</p>	<p>To describe the different role that food plays in people's lives and explain how people can develop eating problems (disorders) relating to body image pressures</p> <p>To understand what makes a balanced <u>lifestyle</u> and to know which choices to make for good health - both physical and mental.</p>	<p>To learn how to respond to a wide range of feelings in others</p> <p>To have an accurate picture of who you are in terms of characteristics and personal qualities</p> <p>To be able to explain the difference between direct and indirect types of bullying.</p>	<p>To understand how an individual's behaviour can impact on a group.</p> <p>To realise the consequences of anti-social, aggressive and harmful behaviours such as bullying and discrimination of individuals and communities;</p> <p>To develop negotiation and compromise strategies to resolve disputes and conflict</p> <p>To learn how to give helpful feedback and support to others</p>	<p>To recognise and care about other people's feelings and try to see, respect and if necessary challenge, their points of view</p> <p>To understand that cultural difference can cause conflicts.</p> <p>To understand what racism is</p> <p>To compare your life with people in the developing world.</p>	<p>To understand the importance of protecting personal information.</p> <p>To learn how to manage requests for images of yourself or others and to know what is and is not appropriate to ask for or share,.</p> <p>To know when you are spending too much time using devices (screen time)</p>	<p>To discuss and debate health and wellbeing issues.</p> <p>To learn why and how rules and laws that protect us are made and enforced;</p> <p>To know why different rules are needed in different situations</p> <p>To know how to take part in making and changing rules</p> <p>To know the range of jobs carried out by people you know and explore how much people earn in different jobs</p> <p>To know that there are rights and responsibilities when playing a game online</p>	<p>To learn that you have different kinds of responsibilities, rights and duties at home, at school, in the community and towards the environment;</p> <p>To continue to develop the skills to exercise these responsibilities</p>	<p>To understand that you will need money to help you achieve some of your dreams.</p> <p>To develop an initial understanding of the concepts of 'interest', 'loan', 'debt', and 'tax'</p>

	suspicious content.	schools), loss, separation, divorce and bereavement.						or in a social network community.		
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Year 6

Term	Autumn			Spring				Summer		
Core Theme	Health and Wellbeing			Relationships				Living in the Wider World		
Topics	Ancient Greeks			Raging Rivers and Monstrous Mountains				The Ancient Egyptians		How do we See?
	Keeping Safe	Growing and Changing	Healthy Lifestyles	Feelings and Emotions	Healthy Relationships	Valuing Difference	Online Relationships	Rights and Responsibilities	Environment	Money
Year 6	<p>To know that pressure to behave in a particular way can come from a variety of sources, including people that you know and the media</p> <p>To know why some people join gangs and the risks that this involves</p> <p>To know that you have a right to protect your body from unwanted physical contact</p> <p>To understand that actions such as FGM constitute abuse and are a crime</p>	<p>To reflect on and celebrate your achievements, identify your strengths and set high aspirations and goals</p> <p>To understand the roles and responsibilities of parents.</p> <p>To understand how girl's and boy's bodies change during puberty (recap year 4) To understand how a girl's body changes through puberty and that menstruation is a natural part of this.</p> <p>To understand the importance of looking after yourself physically and emotionally as your body changes.</p> <p>To understand how a baby is made.</p> <p>To know how a baby grows from conception through to pregnancy, and how it is born.</p>	<p>To understand how the media, social media and celebrity culture promote certain body types</p> <p>To know about the different types of drugs and their uses and their effects on the body, particularly the liver and heart.</p>	<p>To explain the ways that one person or group can have power over another.</p> <p>To understand how name calling and rumour spreading can be challenging behaviours.</p> <p>To understand that there are different stages of grief and that there are different stages of loss that cause people to grieve</p>	<p>To know the different types of relationships and about what constitutes a positive, healthy relationship.</p> <p>To know that marriage, arranged marriage and civil partnership is between two people who willingly agree</p> <p>To understand that forcing anyone to marry is a crime, that support is available to protect and prevent people from being forced into marriage and to know how to get support</p> <p>To understand personal boundaries; to identify what you are willing to</p>	<p>To listen to and challenge points of views.</p> <p>To understand that there are different perceptions of what normal means,</p> <p>To be able to give examples of people with disabilities who lead amazing lives.</p> <p>To be able to explain the ways in which being different could cause conflict and be a</p>	<p>Online Relationships</p> <p>To know why people choose to communicate through social media and some of the risks and challenges of doing so</p> <p>To know that social media sites have age restrictions and regulations for use</p> <p>To know how online content can be designed to manipulate people's emotions and encourage them to read or share things</p>	<p>To identify problems in the world that concern you and talk to other people about them</p> <p>To understand that there are basic Human Rights shared by all people and all societies</p> <p>To know that there are universal rights for children but for many children, these rights are not met</p> <p>To know that there are some cultural practices which are against British law and Universal Human Rights (such as FGM)</p> <p>To know the importance of keeping personal boundaries and the right to privacy</p> <p>To explore and critique how the media present information</p> <p>To learn what being part of a community means and to know the groups that can support communities locally and nationally</p>	<p>Environment</p> <p>To consider the lives of people living in other places, and people with different values and customs</p> <p>To work with other people to make the world a better place</p>	<p>Money</p> <p>To know what it means to set up an enterprise and to begin to develop enterprise skills</p>

	To develop techniques to resist pressure .	To identify what you are looking forward to and what worries you as you make the transition to high school.	To recognise stress and the triggers that cause it.	To understand confidentiality and when it is right to break this	share with your most special people; and that we all have rights to privacy	cause for celebration.				
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EYFS											
Term	Autumn				Spring				Summer		
Core Theme	Health and Wellbeing				Relationships				Living in the Wider World		
Topics	EYFS areas of learning that link to Health and Wellbeing: Health and Self Care Understanding the World: The World Self Confidence and Self Awareness				EYFS areas of learning that link to Relationships: Making Relationships Managing Feelings and Behaviour People and Communities				EYFS areas of learning that link to Living in the Wider World: Understanding the World - The World People and Communities		
	Nursery How do I get about? What do I celebrate? Reception Is everybody's home the same? What do I celebrate?				Spring 1	Spring 2			Summer 1	Summer 2	
					Nursery What makes a sound? Reception How can we help Cinderella have a ball?	Nursery Who are the famous animals in my books? Reception Twinkle, twinkle, little star, how I wonder what you are?			Nursery How do things move? Reception Was it once upon a mixed up time?	Nursery How many nursery rhymes do I know? Reception How do we make sense of the world?	
	Keeping Safe	Growing and Changing		Healthy Lifestyles	Feelings and Emotions	Healthy Relationships	Valuing Difference	Online Relationships	Rights and Responsibilities	Environment	
Reception	To know what a stranger is and to know how to stay safe if a stranger approaches you To know how to	To be able to name parts of the body. To understand that we all grow from babies to adults. To discuss a time when you didn't give up until you achieved your goal. To set a goal and work towards it.	To know which foods are healthy and which are not so healthy. To make healthy eating choices. To understand that you need to exercise to keep your body healthy. To know how to help yourself go to sleep and to know why sleep is good for you.	To understand the impact of unkind words. To begin to recognise and manage your feelings. To say how it feels to achieve a goal	To know how to make friends to stop yourself from feeling lonely. To know how to be a good friend. To be able to think of ways to solve problems and to stay friends. To know which words to use to stand up for	To identify something you are good at and to understand that everyone is good at different things. To know that we are all different, but	To understand that you should always ask a grown up before opening up a programme on an iPad, computer or phone.	To begin to understand children's rights and that this means that we should all be allowed to learn and play. To learn what being responsible means. To understand that if you persevere, you can tackle challenges.	To identify some of the jobs you do in your family and how you belong in your family. To understand what it feels to belong. To explain why your home is special to you		

	access the computer safely.	To share your memories from reception. To discuss how you feel about moving into year 1.	To understand the importance of washing your hands thoroughly at different times of the day.	and to explain how it feels to be proud To be able to calm yourself to manage your feelings. .	yourself if someone does something unkind. To understand why it is good to be kind and to use gentle hands. To be able to use kind words to encourage people.	the same in some ways. To understand that being different makes us all special.		To understand the link between what you do now and the job you might do in the future.	To enjoy working with others to make school a good place.
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