

Our PE Curriculum

Our Intent

At Broomwood, our PE curriculum aims to ensure that all children enjoy being active and develop a lifelong love of sport.

All pupils take part in PE lessons that help them build skills and knowledge across a wide range of sports and activities. Through PE, children develop both physically and mentally, becoming confident, resilient learners. We encourage children to lead healthy, active lifestyles that continue beyond their time at school.

Our Aims

PE is taught in line with the National Curriculum (2014). During their time at Broomwood, we aim for children to: develop skills and confidence in a wide range of physical activities be physically active for sustained periods of time take part in competitive sports and activities understand the importance of leading healthy, active lives

Our Implementation

We deliver our PE curriculum in the following ways: We use Primary PE Passport to plan a broad and balanced range of sports and activities for all pupils. Careful short-term and long-term planning ensures skills and knowledge are built progressively across year groups. All pupils receive two high-quality PE lessons each week.

During PE lessons, children: use technology to watch examples of excellent performance take part in fun warm-ups to prepare their bodies for exercise practise and develop skills through a range of activities apply their skills in games and friendly competition At the end of each unit, pupils take part in intra-school competitions against other classes in their year group.

Teachers use ongoing assessment to track progress and identify any areas where extra support may be needed.

In line with government guidance on physical activity, we ensure children complete at least 30 minutes of moderate to vigorous activity each day. This includes active lessons, playtimes, after-school clubs and a mile run at least three times every two weeks.

Pupils have opportunities to represent the school in inter-school sporting events. We also work with local sports clubs to support gifted and talented pupils and help them access opportunities outside of school.

Our Impact

Our PE curriculum helps children develop the skills, confidence and knowledge they need to live healthy and active lives.

Through enjoyable and engaging lessons, children are encouraged to stay active and try new sports as they grow older. Pupils leave Broomwood able to take part confidently in a range of sports and activities and will be able to swim at least 25 metres by the end of Key Stage 2.