

BROOMWOOD PRIMARY SCHOOL



Headteacher:
Louise Owen B. Ed. M.A. Ed. NPQH
Tel No: (0161) 912 5609
Fax No: (0161) 980 7133
E-mail: broomwood.admin@trafford.gov.uk

Mainwood Road
Timperley
Cheshire
WA15 7JU

Website: www.broomwoodprimary.co.uk

Together we believe. Together we achieve

Dear Parents and Carers,

Following our recent consultation with parents about the content of our Growing and Changing curriculum, we are ready to deliver this content to the children. I am writing to you to explain to you what your child will be learning during the week commencing Monday 3rd July, so that you have advanced warning and therefore the opportunity to prepare your child yourself, if you wish to do so.

Under the Health curriculum, teaching children about the changes that will happen to their bodies during puberty is a statutory requirement. Even though we understand that it may be daunting for you to think about your child learning about puberty, it is important that we enable the children to make sense of what will happen to their bodies.

In year five, we will teach the children about the changes that their body will experience over three lessons:

Lesson One

To begin with, the children will work in mixed gender groups to learn about the changes that both boys and girls will experience, such as: body odour, pimples, hair growth, changing body shape and hormonal changes.

Lesson Two

Once the children understand the changes that are common to both genders, they will split into gender groups to learn about the specific changes that their bodies will experience. For the girls, this will involve learning about the menstrual cycle, and for the boys, this will involve learning about testicles, erections, ejaculation and wet dreams.

Lesson Three

In order to gain an understanding of the changes that happen to the opposite sex, and therefore have a more in depth understanding of puberty overall, the boys and girls will work once again in mixed gender groups to watch the video clips that focus on the changes for both boys and girls that were introduced in lesson two.

Thank you for your continued support.

Achieve believe and succeed for a brighter future.

